



SCHOOL MIGHT BE OUT, BUT WE'RE STILL IN.

February 2015 Half Term Programme
Saturday 7th February - Sunday 15th February



High Peak Borough Council
working for our community

places
for people 

MAIN POOL

Saturday 7th February

7.15am - 9.00am	Lane Swimming (4 lanes) & Swim4health (2 lanes)
9.00am - 2.00pm	All Welcome (4 lanes)
2.00pm - 3.00pm	Splash Hour

Sunday 8th February

9.00am - 3.00pm	All Welcome
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Monday 9th February

10.00am - 11.00am	Disabled Swimming
11.00am - 12.00noon	50+ Swimming
12.00noon - 1.30pm	All welcome
1.30pm - 2.30pm	Splash Hour
2.30pm - 6.30pm	All Welcome
6.30pm - 7.30pm	Aqua Fit
7.30pm - 8.30pm	Women Only
8.30pm - 9.30pm	Lane swimming (4 lanes) & Swim4health

Tuesday 10th February

6.30am - 10.00am	Lane Swimming (4 lanes)
10.00am - 11.00am	Aqua Scooters
11.00am - 12.00noon	Family Zorb Fun
12.00noon - 1.00pm	Aqua Zumba
1.00pm - 3.45pm	All Welcome
1.30pm - 3.00pm	Lane swimming (2 lanes)
4.45pm - 6.30pm	All Welcome
6.30pm - 10.00pm	Club Hire

Wednesday 11th February

9.00am - 10.00am	Lane swim (4 lanes)
9.30am - 10.15am	Aqua Circuits (2 lanes)
10.00am - 11.30am	All Welcome
11.30am - 12.15pm	Aqua Jog
12.30pm - 1.30pm	50+ Swimming
1.30pm - 3.45pm	All Welcome
1.30pm - 3.30pm	Lane swimming (2 lanes)
4.45pm - 7.00pm	All Welcome
7.00pm - 10.00pm	Club Hire

Thursday 12th February

6.30am - 10.00am	Lane Swimming (4 lanes)
10.00am - 11.00am	Disabled Swimming
11.00am - 12.00noon	Aqua Fit
12.00noon - 1.00pm	Kayaking
1.00pm - 3.00pm	All Welcome
1.30pm - 3.30pm	Lane Swimming (2 lanes)
5.00pm - 7.00pm	All Welcome
7.00pm - 7.30pm	Adult Lessons
7.30pm - 8.15pm	Aqua Fit
8.15pm - 9.00pm	Lane swimming (4 lanes) & Swim4health/fitness (2 lanes)
9.00pm - 10.00pm	Club Hire

Friday 13th February

6.30am - 9.00am	Lane swimming (4 lanes) & Swim4health/Swimfit (2 lanes)
9.00am - 11.00am	All welcome
11.00am - 12.00noon	50+ Swimming
12.00noon - 1.30pm	All Welcome
12.00noon - 1.30pm	Lane Swimming (2 lanes)
1.30pm - 2.30pm	Family Splash Hour
2.30pm - 3.30pm	Zorbs
3.30pm - 6.30pm	All Welcome
6.30pm - 10.00pm	Club Hire

Saturday 14th February

7.15am - 9.00am	Lane Swimming (4 lanes) & Swim4health/Swimfit (2 lanes)
9.00am - 2.00pm	All Welcome (4 lanes)
2.00pm - 3.00pm	Splash Hour

LEARNER POOL

Saturday 7th February

2.00pm - 3.00pm Splash Hour

Sunday 8th February

9.00am - 3.00pm All Welcome

Monday 9th February

9.30am - 11.00am Parent & Baby/Child

12.00noon - 1.00pm All Welcome

1.30pm - 2.30pm Splash Hour

Tuesday 10th February

9.30am - 11.00am Parent & Baby/Child

11.00am - 2.00pm All Welcome

2.30pm - 3.30pm Parent & Baby/Child

Wednesday 11th February

9.30am - 11.00am Parent & Baby/Child

11.00am - 2.00pm All Welcome

2.00pm - 3.00pm Parent & Baby/Child

Thursday 12th February

9.30am - 11.00am Parent & Baby/Child

11.00am - 1.00pm All Welcome

2.30pm - 3.30pm All Welcome

Friday 13th February

9.00am - 10.00am Parent & Baby/Child

12noon - 1.30pm All Welcome

1.30pm - 2.30pm Family Splash with floats

Saturday 14th February

2.00pm - 3.00pm Splash Hour

Sunday 15th February

9.00am - 3.00pm All Welcome

If you have any ideas for holiday sessions for your children - please speak to reception.

CHARGES

Kayaking Sessions £5.00

Family Zorb Fun £5.00 or £15 for family of 4 or 5 Splash Hour Normal prices apply.

Aqua Scooters £5.00

SPECIAL SESSIONS

EVERYDAY – Mon 9th – Fri 13th Feb

Crash courses

9.00am - 9.30am For non swimmers in the learner pool £20

Wednesday 11th February

2.00pm - 3.00pm Animal Magic

A chance to handle exotic and domestic animals as well as educating and entertaining your children (Aged 4 - 11yrs) £4.50 and £3.50 for siblings.

Special Offer: 1 free adult swim during the session for every paying child.

Thursday 12th February

3.00pm - 4.00pm Valentine Art & Crafts (Aged 5 - 11yrs) £3.00

NEW

Tuesday 10th February

10.00pm - 11.00pm Aqua Scooters

These scooters allow you to travel under water 3x as fast as you can go on your own. The battery powered scooters are tons of fun for the kids this holiday.

Limited places available.

Places for People follows National Pool Water guidance to keep the pool water clean and safe but we would like your help!

- T-shirts and non-swimwear shorts are not recommended for safety and hygiene reasons
- Wearing a swim hat you can protect your hair and reduce water pollution
- All youngsters who are not toilet trained should wear a swim nappy (available from reception)
- Please use the toilet before entering the pool
- Please ensure that you always shower before swimming
- You should not attend a swim session if you have a cold or are suffering from an ear or throat infection
- Always walk on poolside to avoid slipping and follow the lifeguards instructions
- Diving is only permitted at a depth of over 1.8m
- If you require assistance to access the water please advise a member of staff
- Please ask permission of the Centre or Duty Manager before taking any photographic or video images
- Blue overshoes are available at the changing rooms entrance and MUST be worn over outdoor footwear when in the Changing or Pool Areas. If possible please leave these attached to your shoes when storing them in the locker, as this helps to keep the lockers clean as well. Please dispose of overshoes after use
- Items such as balls, flippers, snorkels are not to be brought into the Pool, unless otherwise specified
- Other than sports water bottles, food and drink should not be taken into the Changing or Pool areas
- Spectators for the Pool are required to access the seating area via the Vending area
- Please refrain from using talcum powder as this creates a significant cleaning problem
- Please note wrist bands must be worn to access all sessions
- At busy periods the Centre will introduce time limited swim sessions and therefore your time in the Pools may be restricted

LEARN TO SWIM

- Pay by monthly D/D or 15 weeks in advance. Free swimming for all course participants on D/D.
- No queuing or re-enrolment
- Free swimming for all course participants
- Guaranteed place within the programme
- Group lessons and one-to-one tuition available.

To enrol onto our swimming lessons please ask at reception.

CHILDREN'S ACTIVITIES

We run a variety of special activities for children during school holidays.
Ask at reception for more details.

BUXTON SWIMMING & FITNESS CENTRE

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www.buxtonswimmingandfitnesscentre.co.uk

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